

3.4.3 Extension Activity and Outreach Program by NSS

YOGA CAMP

Yoga training was organized in the college on the occasion of National Yoga from 20th May 2021 to 21st June 2021. On this occasion, Yoga Guru Dr. Ashok Gholve and Dr. Sandeep Sampal gave yoga lessons. In this camp NSS Volunteers and College Teachers are participated



Mask Distribution Program:

In Covid-19 Pandemic, our NSS Volunteers distributed 2000 mask in Shirur Kasar city and different offices and created awareness about Covid-19 in people.



Tree Plantation

Department of NSS organized tree plantation (Bamboo Lagwad) program in collaboration with Tahasil Office Shirur Kasar in Kolwadi Village Tal-Shirur Kasar Dist-Beed on dated 23rd August, 2022 in presence of Shirur Kasar Tahasildar Shri Shriram Bendhe, College Principal Dr. V. S. Kandhare, NSS Programme Officers and Volunteers.



NSS Volunteers Shramdan & Tree Plantation in Ajol Old Age Home Project

The students of National Service Scheme Department of the college beautified the area by donating labor and Tree Plantation in Ajol Old Age Home Project at Rakshasa Bhuvan Tamba District Shirur Kasar. On this occasion NSS program officer Dr. Ashok Gholve, Dr. Sandeep Sampal, Director Karan Tambe Adhi along with volunteers and elders of Ajol family.



Special Camp

Special Camp of National Service Scheme Department of Kalikadevi College of Arts and Commerce Science from 21st March 2022 to 25th March 2022 at Mauje Rakshasabhuvan Tamba, Taluka Shirur Kasar District. Beed was taken at this place. Principal Dr. N.N. Kale was the president of the program on this occasion, Dr. Sanjay Tupe, In-charge principal of the college; chief guest was Navi Mumbai Police Station's PI Shri. Sapre Saheb, village police Patil Dinkar Tambe, Sarpanch Dattatray Tambe, Sub-Sarpanch Jitendra Khole, Village Development Officer A.B. Kawade Program Officer Professor Dr. Ashok Gholve, Dr. Villagers and Rashtriya Swayam sevak were present along with Sandeep Sampal etc.



ANIMALS VACCINATED PROGRAM

In association with National Service Scheme Department and Taluka Veterinary Hospital Shirur Kasar, animals were vaccinated in National Service Scheme Special Camp at RakshasBhuvan Tamba. On this occasion Dr. Pradeep Aghav (Taluka Veterinary Officer) and his colleagues successfully

vaccinated animals at Tambe Vasti. At this time, animal rearing farmers NSS. A large number of village volunteers were present



Lecture on water management and today's youth by Prof. Mahadev Munde and Dr. Uddhav Chaudhar



KAVI SAMMELAN

On Thursday, March 23, 2022, a poet meeting was organized under the chairmanship of Anant Karad at the Rashtriya Seva Yojana Special Camp. Poet Satish Murkute, Gokul Pawar, Navnath Pavle, Vijaykumar Gadekar, Galande Sir, Appasaheb Tambe, R.J. Eminent poets such as Vitthal Jadhav, Laxman Khedkar, Maharudra Dongre etc. were present at Kat.



Volunteers doing labor donation in village Rakshasa Bhuvan



Special Camp Valedictory Function

The special camp of the National Service Planning Department was concluded on 25th March 2022 in the presence of Chief Guest Ex-Principal Dr. Dattatray Aghav and Dr. Anand Wagh. On this occasion, the program was chaired by the principal of the college. VishwasKandare was present on this occasion in large numbers of villagers and volunteers.





FRUITS WERE DISTRIBUTED TO THE CHILDREN OF SUGARCANE

On December 7, 2021, on behalf of the National Service Planning Department, on the occasion of the birthday of Mr. Jaydutt Anna Kshirsagar, secretary of Adarsh Education Institute, fruits were distributed to the children of sugarcane workers in the fields. On this occasion, the principal of the college Dr. Sanjay Tupe, Chairperson Usha Sarvade, NSS Program Officer Dr. Ashok Gholve, Sandip Sampal etc. sugarcane workers.



Swachhata Pandharwada



Celebrates Savitribai Phule Jayanti in College on dated 03/01/2022



Celebrates Youva Saptaha on the occasion of Rajmata Jijau Jayanti and Swami Vivekanand Jayanti in College



Har Ghar Tiranga Rally



EXTENSION ACTIVITIES OF HOME SCIENCE DEPARTMENT 2021-2022

- LECTURE SERIES, “ENLIGHTENMENT OF WOMEN ON DIFFERENT ISSUES” 7TH to 13TH OCTOBER 2021

On the occasion of “Amrut Mohotsav of Indian Independence”, in collaboration with “All India Coordinating Research Project Directorate of Home Science Research, Vasant Rao Naik Agricultural Marathwada University, Parbhani”, Kalikadevi Arts, Commerce and Science College Shirur (Kasar) Beed and Arts and Science College Shivajinagar, Gadhi, Beed, organized seven day Virtual Lecture Series on “Enlightenment Of Women On Different Issues”.

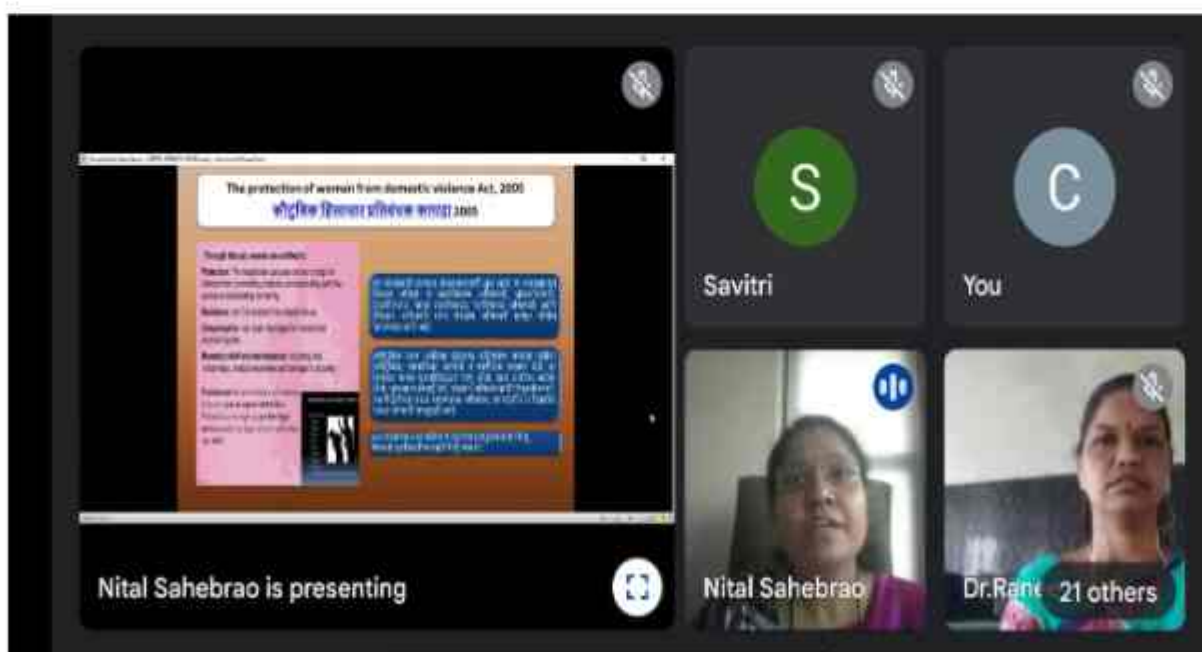
This lecture series was organized in the duration of 7 to 13 October 2021. For this lecture series eminent personalities from different fields were invited. On 7th October 2021 for inaugural function Dean of Interdisciplinary studies, Dr. B.A.M.U. Aurangabad, Dr. Chetana Sonkamble was invited as Chief Guest, Chairman of Home Science Board of Studies, Dr. B.A.M.U Aurangabad, Dr. Nuzhat Sultana was present as an inaugurator and In charge Principal Dr. Tupe S.K. was chairperson of the session.



On 8th October 2021, Dr. Dipti Patgaonkar, Subject Matter Specialist (Home Science), Krishi Vidnyan Kendra, Paithan Road, Aurangabad, gave her valuable guidance on **Empowerment of Rural Woman**. She emphasized on rural empowerment with regards to health, sanitation and economic independence.



On 9th October 2021, Dr. Nital Nandedkar, Incharge Principal, V.N. Patil Law College Cidco Aurangabad, enlightened the participants about various **Rights and Laws Related to Women**. She particularly gave information about different crimes that are taking place with women in society and how she can approach for its justice.



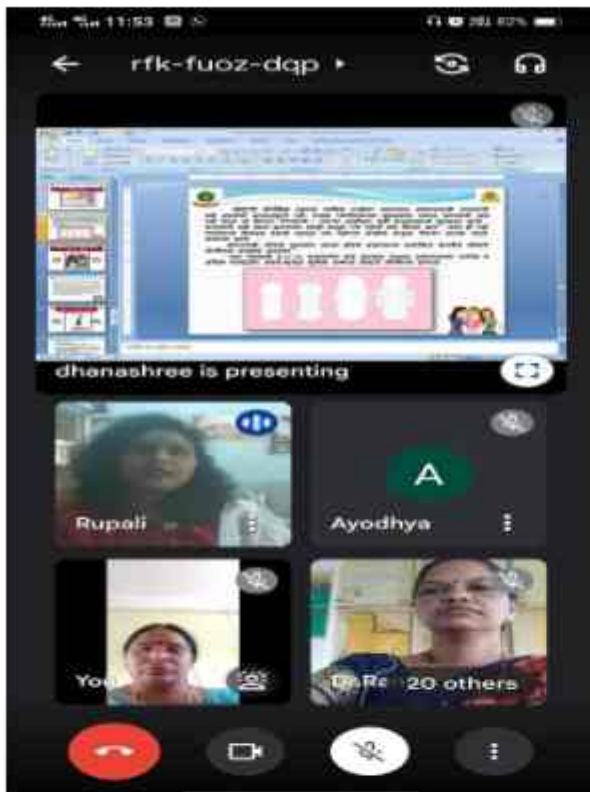
On 10th October 2021, Dr. Anushri Khaire, Incharge Principal, Home Science and B.C.A. Women's College Loni, presented her talk on **Mental Health of Women** a neglected aspect of women health. In her talk she enlightened on various aspects of mental health of women.



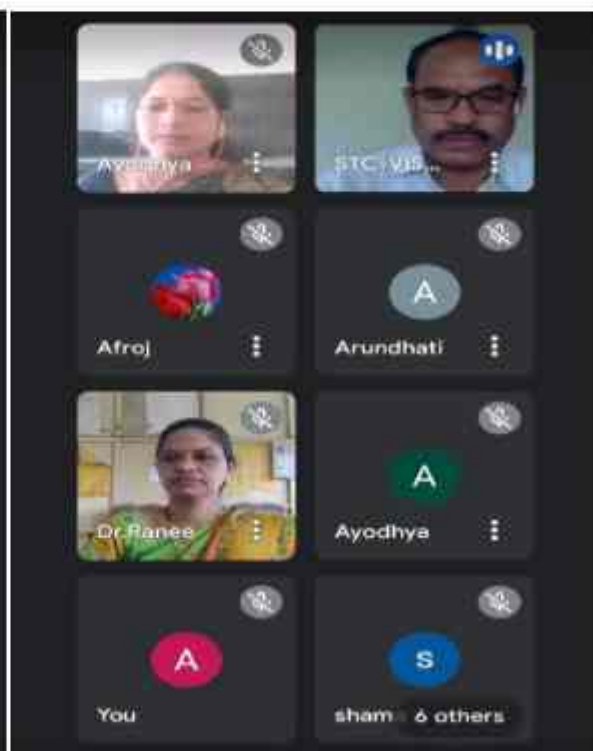
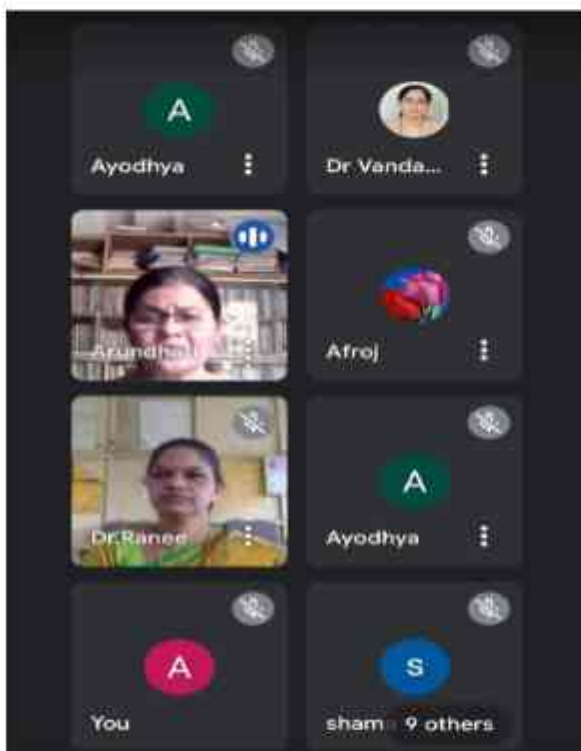
On 11th October 2021, Prof. Surekha Tayde, Unit Head, J.N.M.C., Sawangi, Wardha gave her lecture on **Reproductive Health of Women**. She discussed about the various complications that women often face regarding her reproductive health and always neglect it which has to be addressed seriously.



On 12th October 2021, Prof. Neeta Gaikwad, Senior Scientist AICRP – HDFS and Associate Professor, Dept. of Human Development and Family Studies, Director of Research VNMKV Parbhani gave her lecture on, **Challenges of Attending Maturity**. In her very friendly way she interacted with the participants also. Along with her Prof. Sunita Kale Principal College of Human Development and Family Studies also shared her valuable experiences regarding the topic.



On the Last day of the Lecture series, **Dr. Arundhati Patil**, Prof. Social Work, Manaviok Social Work College Ambajogai, was invited as Special guest for Valedictory session. She shared her valuable words with us regarding Women Empowerment. Principal Dr. Vishwas Kadam of Arts and Science College Shivajinagar, Gadhi, Beed gave his Precedential address.



- HEALTH CHECKUP CAMP FOR DIABETIC AND HEART PATIENTS**
5/01/2022

As Diabetes and Heart Diseases is one of the major health problems of our society. Home Science department took the chance of organizing health checkup camp for related patients in our college with collaboration of Health Care Center and Madhavbag Cardiac Clinic of Dist-Beed. For this camp Dr. Prashant Yakunde, BAMS. MD, Dr. Anant Neralkar, RIC head Madhavbag, Dr. Anil Korde Administrative officer Madhavbag Beed, and their whole team were present. Dr. Yakunde explained about the critical matters of having Sugar and other heart problems. Their team checked the Random sugar level and HBA1C along with lipid profile of more than 15 participants. For this program along with the college staff people from society and 14 students were present were also present.



- **Empowerment of Rural Women Program 22/03/2022**

On occasion of Amrut Mohotsav of Indian Independence, We had organized Women's meet For Women Empowerment of Rural Women, in collaboration with **Krushi Vidnyan Kendra, Khamgaon, Beed-II** and **Maharashtra Rajya Jeevan Unnati Abhiyan Kaksha, Shirur (Kasar), Beed** and **Kalikadevi Arts, Comm. And Sci. College Shirur Kasar, Home Science Department**. Dr. Dipti Patgaonkar was invited as Chief Guest at this occasion to guide rural women regarding, **Agribusiness; a Golden Opportunity for Rural Women**. Also at this moment Shri. Mahadev Jaybhay, B.D.O. Shirur Kasar was present who motivated women to take over Agribusiness as an opportunity to empower themselves economically. For this program 42 women of self-help-group from nearby villages were present. Also Principal Dr. Vishwas Kandhare, all staff members and students were present for this program.



- **Celebration of World Women Day 08/03/2022**

On behalf of World Women's Day Home Science Department had organized Rangoli Competition in college. In this competition along with students their parents and other women from society had also participated enthusiastically. On this occasion we had invited Mrs. Jayashree Chipade, Coordinator of UMED Abhiyan, Shirur Kasar to Judge the competition. In this competition more than 25 students and 06 women form society had participated.



- **Women Meet at Home Science Department 22/03/2022**

On occasion of Amrut Mohotsav of Indian Independence, We had organized Women's meet For Women Empowerment of Rural Women, in collaboration with Krushi Vidnyan Kendra, Khamgaon, Beed-II and Maharashtra Rajya Jeevan Unnati Abhiyan Kaksha, Shirur (Kasar), Beed. The women who came for this program visited Home Science Department as we had exhibited the handicraft material prepared by our students. More than 35 women visited our department.



- **Organized a Lecture on ‘Benefits of Good Physical and Mental Health’, For School students on 22-06-2022**

As 21st June is celebrated as **International Yoga Day** with concern to it we have organized a lecture for school students to tell them the importance of physical and mental health. As it is a universal fact that better Nutrition can provide a sound mental health, in order to aware students regarding proper nutrition and its relation to sound mental health we had organized a lecture for students. During this lecture along with physical and mental health an interactive session was organized with students regarding their menstrual health and problems. For this lecture 53 students of class 9th and 10th were present



- **Lecture on Health of Middle Aged Women 18-08-2022**

In collaboration with, **Krushi Vidnyan Kendra, Khamgaon, Beed-II and Maharashtra Rajya Jeevan Unnati Abhiyan Kaksha, Shirur (Kasar), Beed and Kalikadevi Arts, Comm. And Sci. College Shirur Kasar, Home Science Department** we had organized a women meet for middle age women to discuss their health problems and make them aware of its complications. For this lecture Dr. Dipti Patgaonkar of KVK Khamgaon II and her team were also present who also trained them regarding Kitchen Garden for maintaining nutrition in daily meals. For this meet more than 35 women were present



- **Interaction Program with school students 27-08-2022**

Through our home science department we try to motivate student's creativity by organizing different activities. As a part of it we have organized school students interactive visit to our department on the occasion of Rangoli Competition conducted by our department on 27-08-2022. For that student of Model English school had visited our department and observed the handicraft prepared by our home science students very enthusiastically. More than 37 students had visited and took different ideas to enhance their creativity.



- **Rangoli Competition on the occasion of Azadi ka Amrit Mahotsav 27-08-2022**

To Celebrate Azadi ka Amrit Mahotsav we had organized Rangoli Competition of Three Schools of Shirur Kasar. Ideal English School, Zilha Parishad High School and Model English School. More than fifty students from class 7th to 10th had participated in this competition and performed rangoli on different topics such as Har ghar Tiranga, Women in India and India after Independence.



Health Care Center Report 2021-2022

Adolescence and Health:

Organized lecture on Adolescence and Health on dated 02/06/2022. As Adolescence is an important period of human life, a lecture on Health Awareness in Adolescence was organized with the aim of guiding them on the growing health problems of this age and also to make them aware of the various problems that arise in this age. Girl's students were present.



Nutrition awareness program on the occasion of Nutrition Fortnight from 21st March to 4th April:

Kalikadevi College of Arts, Commerce and Science, Shirur (Ka.) was organized Nutrition Fortnight, Diet and Health Awareness program on dated 8/04/2022. Dr. Vishwas Kandare, Principal of Kalika Devi College was present for the program. Chairman of Health Department, Sayyed Afroz informed the teenage girls of Kalikadevi Secondary School about the importance of nutrition and good health as they grow older through video tapes. Dr. Ramesh Landge gave thanks for this program. A large number of teenage girls were present for the program.



Physical Changes and Health Care:

Physical change and health awareness program organized by Health Service Center on the occasion of Nutrition Fortnight was organized on 9/04/2022. On the occasion of Nutrition fortnight from 21st March to 4th April, a program was organized in the colleges under the theme of aging and physical changes and health care. Dr. Vishwas Kandare, Principal of Kalikadevi College was present in the chair. Prof. Syed Afroz, Chairman of Health Services Center, gave information through Chitrafiti under the topic of care. Dr. Chetana Donglikar thanked for this program. A large number of girls were present for this program.



Environment and health awareness on World Health Day:

Organized Poster presentation and exhibition at college campus on the event environment and health awareness on dated 11/04/2022 on behalf of World Health Day. Poster presentation and exhibition to motivate students and create environmental awareness among them

This program was organized by the Health Department and 7th April was celebrated as World Health Day and on 11th April on the occasion of Mahatma Jyotiba Phule's memorial day and World Health Day posters were displayed to make students aware of various issues.



Yoga and Diet Counseling for Adolescent Girls:

On 13/04/2022, a program on yoga and diet counseling was organized for the age group of 12 to 17 years, in which information was given on various health problems of growing age, on diseases caused by lack of yoga and balanced diet, and on aging and mental and physical changes. On this occasion, Prof. Sayyad Afroz was the chief guide and head of health care center and the principal of the college was the president.



DTP COURSE

Kalikadevi College Shirur Kasar, Maharashtra Entrepreneurship Development Center Beed conducted in association with District Industry Center Beed under special component scheme DTP. This course was conducted from 04/02/2022 to 05/03/2022 in the Computer Room of Department of Commerce.

For this course, DTP conducted direct interviews of grandmothers and ex-students of special units in Shirur Panchkroshi on 03/02/2022. 30 students were selected for the course.

Prof. as instructor for this course. Dr. Dnyaneshwar Yewle was appointed.

Inaugurating this DTP course, Project Officer of Maharashtra Entrepreneurship Development Center Beed Hon. It was done by Ramesh Jadhav and Babasaheb Maharator. On this occasion, the principal of the college Dr. Sanjay Tupe, Head of Department of Commerce Prof. Dr. Dnyaneshwar Yewle, Prof. Dr. Ganesh Adgaonkar, Prof. Dr. Dhammapal Ghumre was the chief presence

