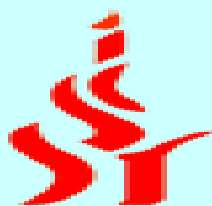


REPORT OF ONE DAY NATIONAL CONFERENCE

SPONSORED BY

INDIAN COUNCIL OF SOCIAL SCIENCE

RESEARCH(ICSSR)



**“75 YEARS OF INDEPENDENCE AND
WOMEN IN INDIA”**

On: 17 FEBRUARY 2023

Organized by

ADARSH SHIKSHAN SANSTHA BEED'S

KALIKADEVI ARTS, COMMERCE & SCIENCE COLLEGE,

SHIRUR (KASAR), BEED,

DEPARTMENT OF HOME SCIENCE &

INTERNAL QUALITY ASSURANCE CELL

(NAAC Accredited with 'B' Grade)

Affiliated to,

Dr.BabasahebAmbedkarMarathwada University Aurangabad;



**Adarsh Shikshan Sanstha Beed's Kalikadevi Arts,
Commerce & Science College, Shirur
(Kasar), Beed, Department Of Home
Science &
Internal Quality Assurance Cell**



ICSSR has provided us an opportunity to exchange views and opinions, address and debate research questions on issues related to Women after 75 years of Independence and generate academic research output by providing financial support for organizing National Conference on occasion of 'AzadiKaAmritMahotsav', an initiative to celebrate and commemorate 75 years of progressive independent India and the glorious history of its people, culture and achievements.

With an objective, to analyse the status of women in post-independent India, Kalikadevi Arts, Commerce & Science College, Shirur (Kasar), Beed, Department of Home Science & Internal Quality Assurance Cell had organized, **One Day National Conference on, "75 Years of Independence and Women in India"** on 17 February 2023

Through this Conference we have tried our best to commemorate every citizen's belief for Women in India as the 'best-in-class' in different terms. We hope that our initiative will be helpful in strengthening the Women performance at large and give rise to new dreams and opportunities.

On 17 February 2023 as per the tradition of our college, before starting the conference plantation of Medicinal plants was done by the honourable guests in our garden in presence of Hon principal and College Development Committee Members.



Prof. (Dr.) R.T. Bedre, Director HRDC, Dr. HarisingGourUniversitySagar (MP), was invited as the Chief Guest to inaugurate the conference. **Prof. Dr. Rita Bora** associate Professor, Dept. of Physical Education, ML & JNK Girls College, Saharanpur (UP) was present as Key Note Speaker and the Guests of Honor for Inaugural session of the conference.



Dr. ChetanaDonglikar, Convener, Head of Home Science Department and IQAC Coordinator welcomed the participants. She introduced the theme for the conference which celebrated 75 years of India's independence or *AzadikaAmritMahotsav*. She mentioned how the idea to host a conference on this theme was germinated and executed by the organizers. On this occasion, students of our Cultural Department welcomed the Guests and Participants by presenting a welcome song.





Prof. (Dr.) R.T. Bedre, Director HRDC, Dr.HarisingGour University Sagar (MP), in his inaugural speech said that today through this conference we are trying to search what the 75 years of independence had given to the women and what women have given to India in 75 years in terms of women empowerment. He discussed about the status of women after the independence of country and recent India. He said that for the progress of nation men and women should go hand and hand. It is necessary that women should participate in different spears of society such as politics, education, economic development, scientific research etc

Dr.Bed represented the past and present scenario for all and said if the progress of women is the progress of nation. He emphasised on the 50 percent participation of women in local government such as Panchayat Raj but at the same time he also pointed on no of women participation in assembly and parliament. He said women are doing best in education but they are lacking in proving themselves in terms of achieving employment. He said if a woman is given chance she had proved herself and created a magic in her field.

Lastly he said, though we are talking about women empowerment, still woman have to fight for basic facilities that women need in her social spear, which have to be full field. Studies should be conducted on problems of women related to social relevance. Participation of women in decision making should be increased and awareness of woman regarding her property rights is necessary then only women will be truly economically empowered.



Prof. Dr. Rita Bora, Associate Professor, Dept. of Physical Education, ML & JNK Girls College, Saharanpur (UP) was present as Key Note Speaker. She gave her Key note speech on, 'Gender equality and women participation in sports'. She said previously sport,exclusively was domain of men but today the picture is different women have reached various milestones in sports. Women have to struggle hard but today they have set an example for others. But there is still much to be done before true equality is reached.

She said though, that the majority of women had battled their way to where they are now. They had motivated millions of women today.In sports sector, female representation is a method to break down preconceptions and give women the voice they deserve.**Indian sports women** have ascended the success ladders and are placing India on the map.

At the time she also highlighted on the hurdles that Indian women have to face right from her family, neighbourhood and society while choosing sports as a career. This shows that in India, things aren't simple for female athletes. Every day, they watch how men who perform the same things are praised and paid more. People interrogate males about their prospects in the sport and, more importantly, how individuals are still more concerned with their appearance than their sports prowess. But all these things haven't broken the spirit of women and they deserve a lot of respect for that. At the end she said specific efforts should be mad on school and college level to motivate girls for participating in games also the sports ministry should work transparently for launching girls in sports on national and international level.



Principal Dr. Vishwas Kandhare delivered his presidential speech for the inaugural session. In his speech, he paid his gratitude towards ICSSR for providing an opportunity to organize this national conference by supporting financially. He also appreciated the participants who have contributed in the success of this conference by sending their papers and attending the conference. At the end he wished that this conference will be beneficial in setting a roadmap for working on different issues related to women for academicians and government.



In First Plenary session Dr. Pankaj Singh, Associate Professor, Dr. Harisingh Gour University Sagar, Dept of History Topic: Views of Dr. B. R Ambedkar, Mahatma Gandhi and Shri. Harisingh Gour about women and current scenario. He said deliberate attempts should be made to reduce negative variables such as the crime rate against women etc Along with it sustained efforts should be taken to increase the positive variables and decrease negative variables over the period of time that will contribute in uniform development of women. It is

essential to create all-inclusive spaces for women in spheres as schools, colleges, workplaces, and public spheres and this is to be done with active engagement of Government and non-government organizations and civil societies to create a compassionate and sympathetic society towards women. In order to bring a steady change it is very important to indulge female participation from weaker and socially backward sections of society.

He said women should be aware of their own reproductive and fertility rights. This is essential to ensure and enable her to participate in society to a greater extent. Then there is a major problem of hostile work environment where most men don't prefer to work under women's super-ordinates. This attitude needs to change. Along with it value of unpaid work performed by women should be calculated that will serve in emphasizing the contribution of homemakers who incessantly work without leave and yet are viewed as lesser beings not contributing anything to the nation's growth and sustenance. Their worth has to be respected and appreciated.

If we want women to be empowered then it is necessary that she should be an integral part of institutional legislative bodies and structures to formulate, govern, legislate or execute on behalf of other women without any adequate participation of women in them. Thus it is imperative to inculcate and imbibe women into the active socio-cultural, economic or political arenas because it needs to be remembered how well a society treats its women, is the most potent indicator of progress, success and health of that society



In second plenary session Dr. Anushree Khaire of Home Science and BC.S College Pavaranagar Loni, Ahmednagar, Presented her views on Mental Health of Women and

Responsible Factors. As Mental health is an important part of human life at every stage, from childhood and adolescence through adulthood. But especially in women some mental health conditions occur more often than men and play a significant role in the state of a woman's overall health. In her presentation Dr Anushree presented a closer view of women's brain and body to differentiate the responses to mental illness. She said some of the most common causes of mental health problems are Genetics, Stress, Social stereotypes, Lifestyle, Relationships, Workplace issues, Physical health etc.

If we study minutely she said the major life transitions issues such as pregnancy, motherhood, and menopause can create physical and emotional stresses for women. Negative life experiences like infertility and perinatal loss, poverty, discrimination, violence, unemployment, and isolation, also impact women's mental health and well-being. Unequal economic and social conditions also contribute to women's higher risk of depression.

After talking about the major issues affecting mental health of women she also talked about the few things that any woman need to know to improve mental health. She said Practicing mindfulness and gratitude, doing regular exercise and taking Quality sleep with Healthy appetite, participating in activities you enjoy, Connecting to loved ones and socializing and if all these things does not work talking to a mental health professional can help woman to come out of mental stress.



For Valedictory session, Dr.Aparna N. Kottapalle, Professor, ManikchandPahade Law College, Aurangabad was present as a chief guest. In valedictory session she gave her presentation on, 'Violence and Security Laws For women in India'. In her presentation she

emphasised on Physical; Mental and emotional & Economic security of women, Causes of Insecure surroundings in Patriarchy and Jurisprudential discourse, Law as an effective instrument for the change and Laws for the Security at Home , Work Place and Public Places and Cyber space. She said the rate and category of crime against women is increasing day by day and the causes behind rise in crime against women are Delay in disposal of cases and reduced fear of law, Failure in investigation, Allegation by the society that everything goes managed, Development in science and technology, Media, Degradation of moral values, Decline of religious control, Lack of parental control, Changing culture and problem of dating rape. She also talked about socio-economic causes of violence against women.

She also explained the Jurisprudential dimensions for the causes behind Violence against women. She said with the changing time we have opted for doctrine of protective discrimination. We have ample legislations to protect women from violence and vulnerable situations. Still problem of violence against women is persistent and is appearing with new appearances. She had explained different laws and acts related to women and its implementation.

While concluding she said Challenges in the new era are even pertaining to security of women. There is continuous rise in crime in spite of stringent laws and judiciary working with sensitivity, the steep rise in crime ratio against women is a cause of concern. There should be security for women but not only through creation of law but in the overall temperament of social mind-set then only there will be Success of any law depending on the internalisation of values enshrined in the society!



The conference was hosted for one day near about 85 academics and scholars of repute educational from institutes of different states of India had participated and published their papers in this conference. Through this conference we have tried to motivate original research of the research scholars and teaching faculty by presenting them best research paper award. We had presented three research paper awards each in the category of Best research paper award research students and Best research paper award for Faculty members.



Chetana D

Dr. Chetana Donglikar

[Signature]
Principal

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Shirur (Ka.), Dist. Beed:**

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| IMPORTANT NOTE | |
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| Date of Conference: 17/02/2023 | Word Limit: 2000 |
| Abstract Submission: 30/01/2023 | Page Limit:-5 |
| Paper Submission last date: 10/02/2023 | Whats App Group link: https://chat.whatsapp.com/CK75j6N4vB43BT2q959vX |
| Important: -1. Plagiarism up to 10% Will Be Allowed | |

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 Full paper should be typed in Microsoft Word. The font should be "Times New Roman" with 12 size for matter, 16 size in bold for title, 14 size in bold for main headings & 12 size in bold for sub-headings, having line spacing of 1.5 inch and 1 inch custom margin on all sides & A4 Size Paper.
For Marathi, Hindi Papers
 Full paper should be typed in Microsoft Word in Font for Marathi Papers use UNICODE FONT (Mangal, Kokila), DVOT-SUREKH size of font 14, for title 16 bold & for headings 14 bold, having line spacing of 1.5 inch and 1 inch custom margin on all sides.

ICSSR SPONSORED
 One Day National Conference (Offline Mode), On
75 YEARS OF INDEPENDENCE AND WOMEN IN INDIA
 Organized by
ADARSH SHIKSHAN SANSTHA BEED'S
KALIKADEVI ARTS, COMMERCE & SCIENCE COLLEGE, SHIRUR (KA.)
 (NAAC Accredited with 'B' Grade)
 Affiliated to,
Dr. Babasaheb Ambedkar Marathwada University Aurangabad;
 On: 17th February 2023

CHIEF PATRON
Hon. Jaidatta (Anna) Kshirsagar
 (Former P.W.D Minister of Maharashtra State Assembly)
 Secretary, Adarsh Shikshan Sanstha Beed

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| INAUGURATOR Prof. (Dr.) R.T. Bedre Director HRDC Dr. Harisingh Gour University Sagar (MP) | KEY-NOTE SPEAKER Mrs. Poornima Shiraskar Director : DAY2DAY PROFIT FOUNDER : ZHEP UDYOGININCHI INDIA |
| RESOURCE PERSONS | |
| Prof. Dr. Pankaj Singh Associate Professor Dept of History Dr. Harisingh Gour University, Sagar, MP. | Prof. Dr. Rita Bora Associate Professor Dept. of Physical Education ML & JNK Girls College, Saharanpur (UP) |
| VALEDICTORY SPEAKERS Chief Guest | |
| Prof. Dr. Chetana Sonkamble Dean, Interdisciplinary Studies Dr. B.A.M.U. Aurangabad | |
| Dr Aparna Kottapalle Professor of Law, Manikchand Pahade Law College Aurangabad | Prof. (Dr.) Rajesh G. Machale Administrative Officer Adarsh Shikshan Sanstha, Beed. |
| Convener Dr. Chetana V. Donglikar Head Dept. of Home Science & IQAC Coordinator | Organizing Secretary Dr. Vishwas S. Kandhare Principal |

ABOUT THE CONFERENCE:

After the independence in India, developments were made in several areas considering the well-being of women within the society. Many programs and schemes were formulated with an objective of bringing progress among women. The main aspect was encouraging women towards acquisition of education and participation in the employment settings to promote women empowerment. But even after the 75 years of independence, in rural India in spite of initiating the measures and policies, women are regarded as subordinates to men. Unfortunately, today throughout the country, women and girls are subjected to abuse and mistreatment. But with the advent of globalization and industrialization, women are obtaining development opportunities. Women, from urban areas are mainly improving their livelihoods through gaining good education and attaining employment opportunities. They have been rendering a significant contribution in the development of human resources. Hence, it is necessary to encourage them for participating in the decision making processes, acquiring educational opportunities, getting engaged in employment and sustaining their livelihoods in an enhanced manner. The main areas that have been taken into account for this conference include status of women in post-independence India, empowerment of women, gender issues in post-independent India, political participation of women and problems of working women.

OBJECTIVES OF THE CONFERENCE:

- To analyse the status of women in post-independent India,
- To know the empowerment level of women after independence.
- To assess the gender issues in post-independent India.
- To know the status of political participation of women and social status and problems of women.
- To encourage women for participating in the decision making processes, acquiring educational opportunities, getting engaged in employment and sustaining their livelihoods in an enhanced manner.

THEME OF THE CONFERENCE: 75 YEARS OF INDEPENDENCE AND WOMEN IN INDIA
Sub Themes:

- Career Upliftment of Women after Post Independence
- Women and Indian Polity after Post Independence
- Women's Social Status in Post-Independence Era
- Mental and Physical Health of Women in India
- Educational Status of Women in India after Independence
- Cultural status of Women after Post Independence
- Women's Role in Literary Renaissance in Post Independent India
- Portrayal of women in Post Independent Indian Literature
- Role of Women in Science and Research Enhancement
- Women Participation for Environment Conservation in India
- Economic position of Women in India
- Role of Women in Defense and law enforcement after Post Independence
- Workforce Participation of Women In Independent India
- Women Entrepreneurship and Economic Upliftment
- Women Scientist and Science and Technology enhancement
- Issues of Women from Deprived section
- Crimes against women
- Women's Safety laws and Different Rights
- Welfare Schemes and Authenticity of Program Implementation for Women in India
- Gender Inequality in Post-Independence Era
- Gender Equity and Female Participation in Sports
- Effects of globalization on women in India
- Media And Women Empowerment In India

ABOUT ORGANIZER

"Adarsh Shikshan Sanstha" is a rural voluntary service organization. It was established by the contribution of authentic members with the motive of "Social Development" in Taluka Shirur Kasar Dist. Beed, state Maharashtra. This voluntary service organization was started by the name, "Kalikadevi Arts, Commerce and

Science College Shirur (Kasar)". This institution was started on 29th January 2002, with the heart rendering endeavour to do service to rural community and impart the best education to the rural students. The institution has been approved with 2(f) and 12(B) by UGC. The cardinal objective of the institution is to create good citizens with social, economic and political responsibilities to meet the global challenges. The college has been affiliated to Dr. Babasaheb Ambedkar Marathwada University, Aurangabad which offers 03 UG and 02 PG courses. The vision and mission of the college is to empower and elevate the rural community and to promote a unique learning experience. The college aims to bring the rural masses into main stream and make them a responsible citizen of India. In order to achieve this mission college efforts at the level best arranging different events and creating the platforms for the students. College is reaccredited by NAAC with 'B' Grade (2.45 CGPA) in Feb 2019 as per new RAF. Also college is certified by ISO 9001-2015.

ABOUT BEED DISTRICT

Beed is a historic town lying on the banks of Bindusara River and has a history stretching back to the period of the Devagiri Yadavas during the late 12th century. It is home to numerous ancient sites and historical monuments. But the major thing which makes it a perfect destination to explore lies in its natural beauty. Surrounded by the Balaghat Range and housing several natural sites, Beed is a beauty which deserves to be explored. Beed is known for its beautiful Kankaleshwar Temple, Khandoba Temple, Jama Masjid, Shahinshaha wali Dargah, Natural Sasutada and Kapildhara Waterfall, Mammath swami temple. Near to Beed is one of Jyotirlinga Parvati Vaideyanatha temple. One of Shakti peetha Shri Yogeshwar temple and Mohata devi temple. Also the World Famous Verul Ajanta Caves are only 150 KM near in Aurangabad district.

CO-CONVENERS

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